Accessing Vocational Rehabilitation (VR) Services

1

VR ORIENTATION
Start the process as early as 14 yrs. of age by attending an orientation to learn about Vocational Rehabilitation (VR). Orientations are held online or in-person at your local VR office.

2

APPLY FOR VR
Complete the VR application. Applications are online or at your local VR office. Then, call your VR office to set up an initial interview.

3

INTERVIEW
For the interview, bring your application, identification, disability documentation, and confirmation of SSI/SSDI benefits. Eligibility determination will go faster if SSI/SSDI is already in place. If DSPD is in place, your Support Coordinator can be involved at any point.

4

DETERMINE ELIGIBILITY
It may take a few weeks for VR to collect your medical records/updated evaluation before eligibility is determined.

5

CREATE AN INDIVIDUALIZED PLAN FOR EMPLOYMENT
Once eligibility is determined, the VR counselor, client, and possibly the parent will work together to write an Individualized Plan for Employment (IPE).

6

IPE COMPONENTS
VR team/client will identify steps/ goals in the IPE. VR assessments are used to identify interests/strengths. Evaluations performed at school are also useful.

7

IDENTIFY VOCATIONAL GOALS
The IPE is used to access education and training options, counseling, travel/bus passes, Pre-Employment Transition Services (Pre-ETS), previous experience, interests, and job placement/job coaching services.

8

COUNSELOR
In addition to providing counseling and guidance, VR counselors help clients find the right service providers to meet their needs. This includes, but is not limited to, medical, education/training and employment support providers.

9

COMMUNITY REHABILITATION PROGRAM (CRP)
Programs may be an important part of your IPE. Not all services are provided in-house by VR. Some services are paid for by VR but provided by Community Rehabilitation Programs (CRP).

10

STAYING CONNECTED
At a minimum, VR reviews the client's plan yearly. Goals and services are updated as needed. Clients should keep in contact with VR and inform them of changes/needs.

11

REACH OUT
For problems, contact the main district office. For assistance, call the Client Assistance Program at 866-454-8397 or contact through the website usor.utah.gov

WORKFORCE SERVICES REHABILITATION

Utah Parent Center

Utah Department of
Health & Human Services
Services for People with Disabilities

Utah State Board of Education